

# SACK LUNCH PROGRAM

412 S Raymond Ave, Pasadena 91105

Union Station Homeless Services need volunteer groups to provide lunches for the shelter residents and community members in need. If your family or your corporation, faith-based, civic or social group would like to provide sack lunches, please call us 626.240.4550 ext. 124 or email [volunteer@unionstationhs.org](mailto:volunteer@unionstationhs.org)



## SACK LUNCHES-Adult Center Drop-off

Groups purchase and prepare 50 sack lunches, once a month for 12 months. These lunches are needed for both our Adult Center residents who work & Family Center children and their parents.

### 1. Sack lunches include:

- One sandwich with meat, meat and cheese, or peanut butter and jelly
- Condiments (mayo/mustard/lettuce, tomatoes etc.) must be in separate baggie
- Fruit (no bananas)
- Chips
- One healthy snack (i.e. granola bar)
- Dessert (no candy)
- Beverage (juice or water; no soda)
- Napkin
- Plastic utensils (if needed)

2. Pack the lunch in a paper bag

3. **CLEARLY** mark the date on each bag.

4. Please deliver sack lunches to our Adult Center between the hours of 8am-3pm. If you can only drop off later, please make sure to deliver before 9pm.

5. Please place sack lunches in the low refrigerated units in the pantry area of the Adult Center kitchen.



## GUIDELINES:

- If your group has to **cancel** and will not be able to provide your sack lunches, please let us know at least **one week in advance**.
- If you are no longer able to participate in the Sack Lunch Program, contact the Volunteer & Community Programs Department

**Volunteer & Community Programs Department**

626.240.4550 ext. 124

[volunteer@unionstationhs.org](mailto:volunteer@unionstationhs.org)