Union Station Homeless Services’ *Hygiene Kits Program* helps us provide people experiencing homelessness with a “Hygiene Kit” of necessary items. This important program assists Union Station in meeting the basic needs of the people we serve as they rebuild their lives and escape homelessness. We need individuals or volunteer groups to provide basic hygiene items using the list below as a guideline.

**Hygiene Kits Items:**

The following list is suggested items for a Hygiene Kit. It is up to you and your group to decide how you would like to creatively package the items. You are welcome to provide an inspirational note in the kits as well.

- Travel size Shampoo & Conditioner
- Toothpaste and toothbrush
- Dental floss
- Fold-up hair brush or comb
- Razor
- Small first aid kit
- Travel-size sewing kit (minimum thread and needle)
- Deodorant
- Travel soap or body wash
- Hand sanitizer
- Lotion
- Sunscreen lotion
- Lip balm (i.e. chapstick)
- Tampax and sanitary pads
- New socks
- Rain poncho
- Small pack of tissues
- Snack or granola bar
- Bottled water

**Unnecessary items:**

- Toilet paper
- Mouthwash

**DROP OFF:** Items can be dropped off M-F between 9am-4pm at our Administrative Building (825 E. Orange Grove Blvd, Pasadena, CA 91104)

**QUESTIONS:** Please contact volunteer@unionstationhs.org