

Hygiene Kit Program

Union Station Homeless Services' *Hygiene Kit Program* allows us to provide our program participants and community members experiencing homelessness with an essential kit containing all the basic hygiene necessities. This vital program provides individuals with the basic hygiene items as they rebuild their lives and escape homelessness. Gather your friends/family or assemble the kits on your own, by following the guidelines below.

Hygiene Kits Items:

The following list contains suggested items for a Hygiene Kit. You can creatively package the items however you'd like. Inspirational notes within the kits are welcomed, but not required.

- Travel size Shampoo & Conditioner
- Toothpaste and toothbrush
- Dental floss
- Fold-up hair brush or comb
- Razor
- Small first aid kit
- Travel-size sewing kit (minimum thread and needle)
- Deodorant
- Travel soap or body wash
- Hand sanitizer
- Lotion
- Sunscreen lotion
- Lip balm (i.e. chapstick)
- Tampons and sanitary pads
- New socks
- Rain poncho
- Small pack of tissues
- Snack or granola bar
- Bottled water

Unnecessary items:

- Toilet paper
- Mouthwash



DROP OFF: Items can be dropped off M-F between 9am-4pm at our Adult Center (412 S. Raymond Ave, Pasadena)

QUESTIONS: Please contact volunteer@unionstationhs.org