

ADOPT-AN-ITEM

Are you looking for an easy way to give back? Our Adopt-an-Item program is a simple way to make a positive impact in your community. By adopting an item, you provide essential ingredients that help our kitchen staff cook delicious and nutritious meals for our residents.

HOW TO HELP?

1

Choose an item that you'd like to donate from the list below

**** Please note, we ask for a 1 month minimum commitment.**

2

Email volunteer@unionstationhs.org to schedule your weekly or biweekly delivery.

3

Deliver to our Adult Center (412 S. Raymond Ave, Pasadena) anytime between 8:00am - 2:30pm.

ADOPT-AN-ITEM



CHICKEN

10lbs of any cut of chicken (drumstick, thigh, ground, etc)

Needed!



PORK

10lbs of any cut of pork (chop, ground, loin, etc)

Needed!



BREAKFAST MEAT

10lbs of any breakfast meat (bacon, sausage links, ham, etc)

Needed!



BEEF

10lbs of any cut of beef (ground, patties, stew meat, etc)



covered!



ADOPT-AN-ITEM



POTATOES

2 x 10lb bags of potatoes
average cost: \$5.99 per bag



ONIONS

3 x 3lb bags
average cost: \$2.99 per bag

Needed!



PEELED GARLIC

12oz - 16oz of peeled garlic
average cost: \$6.99/16 oz

Needed!



RICE

2 x 5lb bags of any white rice
average cost: \$5.29 per 5lb bag

Needed!

ADOPT-AN-ITEM



MILK

3 gallons of milk

average cost: \$3.49 per gallon

Needed!



BEANS

1 x 6lb canned beans (any type)

average cost: \$9.49 each


covered!



BREAD

4 x 20oz bags of white or wheat bread

average cost: \$2.99 per bag

Needed!



DELI MEAT

1 x 3lb of deli meat (turkey, ham, etc)

average cost: \$6.99 per 1lb bag

Needed!



ADOPT-AN-ITEM



EGGS

3 x 18 count egg cartons
average cost: \$4.39 each

Needed!



CHEESE

3 x 16oz cheese (sliced or block)
average cost: \$4.99 each

Needed!



BUTTER

3 x 1lb unsalted butter
average cost: \$4.49 per pound

Needed!



FRESH PRODUCE

Any 10lb combination of produce
(lettuce, tomatoes, cucumbers, etc)

Needed!